

# FORD IRONMAN 5K

## PRESENTED BY: CHANCES FOR CHILDREN

Timing by Red Rock Company, Inc.

### FEMALE AGE GROUP

OVERALL									
Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
1	1	557	40-44 F	Heather	Fuhr	41	F	17:46.8	5:44
2	2	326	35-39 F	Melissa	Flicker	37	F	21:00.4	6:47
3	3	544	30-34 F	Kendra	Champion-McAloon	31	F	21:16.4	6:52

NO AGE									
Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
24	1	443	0-0 F	Ondine	Easson	0	F	24:24.8	7:53
104	2	549	0-0 F	Gina	Nicoletti	0	F	38:58.8	12:34

Age 1 to 14									
Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
17	1	563	1-14 F	Kalia	Cobb	13	F	23:34.2	7:36
25	2	571	1-14 F	Charlotte	Monke	11	F	24:42.4	7:58
28	3	405	1-14 F	Sherry	Sanders	14	F	24:49.8	8:01
38	4	311	1-14 F	Casey	Calhoun	11	F	26:25.4	8:31
60	5	572	1-14 F	Meredith	Monke	14	F	29:27.1	9:30
62	6	428	1-14 F	Ali	Waterman	11	F	29:31.9	9:32
78	7	336	1-14 F	Chloe	Gilmour	14	F	32:19.7	10:26
80	8	513	1-14 F	Reneeallie	Vas	9	F	32:35.5	10:31
98	9	418	1-14 F	Sabrina	Sustala	8	F	36:36.3	11:48
106	10	302	1-14 F	Katie	Anton	12	F	39:29.0	12:44
119	11	366	1-14 F	Savannah	Lane	12	F	42:24.6	13:41
120	12	315	1-14 F	Tasha	Christ	11	F	42:40.3	13:46
123	13	316	1-14 F	Celestina	Christianson	11	F	45:02.2	14:32
124	14	367	1-14 F	Gabriella	Leiva	11	F	45:02.8	14:32
125	15	529	1-14 F	Elizabeth	Medley	12	F	45:22.1	14:38
127	16	368	1-14 F	Alexandria	Leiva	12	F	46:32.6	15:01

Age 15 to 19									
Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
21	1	573	15-19 F	Gretchen	Monke	15	F	24:09.9	7:48
69	2	401	15-19 F	Julie	Roberts	17	F	31:30.2	10:10
130	3	525	15-19 F	Andrea	Crowly	15	F	50:46.6	16:23

Age 20 to 24									
Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
10	1	374	20-24 F	Michelle	Massar	21	F	22:55.1	7:24
31	2	413	20-24 F	Ashonte	Stills	24	F	25:52.7	8:21
44	3	333	20-24 F	Alicia	Gifford	23	F	27:30.2	8:52
66	4	318	20-24 F	Alina	Clark	20	F	31:02.0	10:01
89	5	390	20-24 F	Hilary	Peele	24	F	34:18.3	11:04
96	6	379	20-24 F	Anne	Metzger	23	F	35:57.3	11:36
103	7	548	20-24 F	Cagney	Bellinger	22	F	38:58.3	12:34
108	8	345	20-24 F	Katie	Harris	24	F	39:50.2	12:51
110	9	398	20-24 F	Cassidy	Rice	20	F	41:15.3	13:18
116	10	406	20-24 F	Ashley	Shaffer	23	F	41:57.4	13:32

**Age 25 to 29**

Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
4	1	545	25-29 F	Erin	Coulter	26	F	21:16.7	6:52
6	2	533	25-29 F	Annmarie	Kern	29	F	22:10.2	7:09
7	3	559	25-29 F	Erica	Barkei	28	F	22:14.8	7:11
18	4	404	25-29 F	Janae	Samuelson	29	F	23:37.2	7:37
23	5	304	25-29 F	Seema	Bacon	28	F	24:24.5	7:52
30	6	329	25-29 F	Lisa	Fuller	28	F	25:39.7	8:17
43	7	523	25-29 F	Fernanda	Oliveira	27	F	26:59.6	8:42
57	8	343	25-29 F	Melissa	Gutierrez	28	F	29:12.7	9:25
72	9	510	25-29 F	Jennifer	Mack	29	F	31:55.4	10:18
75	10	580	25-29 F	Camille	Millecam	26	F	32:13.4	10:24
76	11	359	25-29 F	Stacy	Jenkins	29	F	32:15.8	10:24
93	12	342	25-29 F	Courtney	Grube	26	F	35:46.6	11:32
117	13	386	25-29 F	Natalia	Paronian	26	F	41:57.6	13:32

**Age 30 to 34**

Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
12	1	576	30-34 F	Carrie	Knapp	30	F	22:58.0	7:24
36	2	482	30-34 F	Mindy	Przeor	30	F	26:15.2	8:28
42	3	603	30-34 F	Krista	Neugebauer	33	F	26:54.4	8:41
45	4	393	30-34 F	Amy Jo	Procarione	33	F	27:35.2	8:54
47	5	560	30-34 F	Giwynne	Reid	30	F	27:42.6	8:56
52	6	373	30-34 F	Romy	Martinez	33	F	28:27.7	9:11
53	7	354	30-34 F	Zuzana	Hruba	31	F	28:37.1	9:14
54	8	502	30-34 F	Lisa	Madigan	34	F	28:49.9	9:18
55	9	554	30-34 F	Ivonne	Berkowitz	33	F	28:55.1	9:20
56	10	542	30-34 F	Tyon	Gorrett	34	F	29:01.5	9:22
65	11	432	30-34 F	Stephanie	Wheatcraft	34	F	30:56.7	9:59
68	12	411	30-34 F	Sarah	Stahlbush	34	F	31:22.3	10:07
79	13	309	30-34 F	Jenny	Brackman	31	F	32:29.4	10:29
109	14	408	30-34 F	Celeste	Soza	33	F	41:15.0	13:18
111	15	441	30-34 F	Candice	Yoder	32	F	41:15.5	13:19
115	16	594	30-34 F	Tara	Furcini	31	F	41:47.4	13:29
132	17	462	30-34 F	Joan	Scrivanich	32	F	54:03.9	17:26

**Age 35 to 39**

Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
5	1	323	35-39 F	Amy	English	35	F	21:38.6	6:59
15	2	564	35-39 F	Kim	Cooke	36	F	23:03.1	7:26
26	3	431	35-39 F	Shayna	Weitzman	39	F	24:45.0	7:59
27	4	499	35-39 F	Kristin	Collins	38	F	24:49.4	8:00
33	5	357	35-39 F	Charlene	Janzen	37	F	26:09.6	8:26
34	6	578	35-39 F	Carin	Levine	38	F	26:11.7	8:27
48	7	541	35-39 F	Jean	Draper	36	F	28:04.2	9:03
49	8	337	35-39 F	Ellen	Gonzales	37	F	28:04.3	9:03
50	9	570	35-39 F	LeeAnn	Lee	35	F	28:10.9	9:05
51	10	363	35-39 F	Amy	Kosek	35	F	28:25.1	9:10
61	11	464	35-39 F	Laura	Howell	37	F	29:28.5	9:30
63	12	599	35-39 F	Marianne	Rosenthal	36	F	29:43.4	9:35
74	13	500	35-39 F	Jennifer	Gordon	36	F	32:06.5	10:21
81	14	506	35-39 F	Linda	Long	37	F	32:57.4	10:38
85	15	514	35-39 F	Renee	Vas	38	F	33:18.5	10:45
87	16	378	35-39 F	Kristen	Merfeld	36	F	33:32.2	10:49
92	17	540	35-39 F	Cherilyn	Porter	35	F	35:03.4	11:19
95	18	348	35-39 F	Anne	Healy	39	F	35:53.9	11:35
97	19	328	35-39 F	Jacqueline	Fulginiti	35	F	36:12.5	11:41
99	20	416	35-39 F	Carol	Sustala	39	F	36:40.2	11:50
112	21	384	35-39 F	Dawn	O'brien	38	F	41:35.4	13:25
114	22	414	35-39 F	Tasha	Suhr	36	F	41:43.7	13:28
118	23	445	35-39 F	Jennifer	Long	39	F	42:13.9	13:37
128	24	585	35-39 F	Diana	Dunnigan	38	F	47:04.1	15:11

**Age 40 to 44**

Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
8	1	444	40-44 F	Jackie	Lafontaine	40	F	22:19.0	7:12
11	2	574	40-44 F	Audrey	Monke	42	F	22:56.2	7:24
16	3	487	40-44 F	Veronica	Marzorini	42	F	23:05.6	7:27
19	4	320	40-44 F	Molly	Cook	40	F	23:37.7	7:37
20	5	496	40-44 F	Georgeann	Barclay	42	F	23:43.6	7:39
22	6	556	40-44 F	Kim	Gould	40	F	24:10.6	7:48
39	7	583	40-44 F	Deborah	Calhoun	42	F	26:25.7	8:31
46	8	561	40-44 F	Meg	Wightman	42	F	27:42.3	8:56
58	9	303	40-44 F	Sherrie	Austin	42	F	29:16.1	9:26
64	10	512	40-44 F	Kyla	Ellerd	40	F	29:51.6	9:38
67	11	490	40-44 F	Christie	Connell	40	F	31:14.7	10:05
73	12	468	40-44 F	Juliemarie	Brown	43	F	31:59.8	10:19
91	13	555	40-44 F	Jean	Flynn	40	F	34:56.7	11:16
101	14	452	40-44 F	Tracy	Haines	42	F	37:39.5	12:09
105	15	424	40-44 F	Dawn	Wagner	43	F	39:13.1	12:39
129	16	362	40-44 F	Angie	Knott	42	F	50:19.1	16:14
131	17	463	40-44 F	Sabrina	Scrivanich	41	F	54:03.7	17:26

**Age 45 to 49**

Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
9	1	392	45-49 F	Yolanda	Powell	46	F	22:28.2	7:15
13	2	497	45-49 F	Catherine	Kaufman	48	F	22:59.7	7:25
14	3	596	45-49 F	Julie	Pepper	48	F	23:02.2	7:26
37	4	587	45-49 F	Heidi	Janzen	45	F	26:21.9	8:30
41	5	530	45-49 F	Maura	Guthrie	47	F	26:33.8	8:34
59	6	395	45-49 F	Michele	Reitz	47	F	29:16.3	9:27
70	7	338	45-49 F	Lori	Gould	46	F	31:42.0	10:14
77	8	498	45-49 F	Rachel	Niemann	46	F	32:18.4	10:25
82	9	509	45-49 F	Rosemarie	Field	48	F	33:08.2	10:41
88	10	306	45-49 F	Jodi	Barry	45	F	34:01.4	10:58
100	11	474	45-49 F	Theresa	Tucker	46	F	36:42.6	11:50

**Age 50 to 54**

Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
29	1	550	50-54 F	Julie	Theroux	51	F	25:22.5	8:11
32	2	465	50-54 F	Marsha	Thauwald	53	F	26:01.9	8:24
35	3	448	50-54 F	Sharon	Wake	54	F	26:13.1	8:27
40	4	494	50-54 F	Erin	Worley-wilson	50	F	26:27.9	8:32
71	5	568	50-54 F	Barbara	Lies	54	F	31:52.1	10:17
83	6	511	50-54 F	Irene	Edgett	53	F	33:08.4	10:41
84	7	521	50-54 F	Colleen	Cook	51	F	33:11.4	10:42
90	8	495	50-54 F	Eileen	Kramer	50	F	34:56.1	11:16
94	9	341	50-54 F	Diane	Grube	52	F	35:46.6	11:32
102	10	440	50-54 F	Diane	Wright	50	F	37:49.0	12:12
107	11	595	50-54 F	Deborah	Gobins	52	F	39:44.4	12:49
121	12	347	50-54 F	Sandy	Haupt	51	F	43:00.2	13:52
122	13	352	50-54 F	Julie	Hoff	51	F	43:00.5	13:52
126	14	380	50-54 F	Yolanda	Monday	52	F	45:47.3	14:46

**Age 55 to 59**

Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
86	1	310	55-59 F	Debby	Brown	58	F	33:20.5	10:45

**Age 60 to 64**

Gender Place	Division Place	Bib#	Age Group	First Name	Last Name	Age	Gender	Time	Pace
113	1	543	60-64 F	Mac	Sustala	60	F	41:39.7	13:26